

Bulletin 2

Junior European Cup

15. - 17. September 2011

KÄRNTEN



www.jec2011.at



Welcome

Welcome to the Junior European Cup 2011 in Carinthia/Austria!

We are looking forward to seeing you here for exciting competitions amongst friends.

Venue

Carinthia is the southernmost region of Austria and is known for its distinctive mountain and lake scenery. The competitions will be held in the "Three Regions Triangle", where Austria borders on Slovenia and Italy.

The rock fall area on the southern slope of "Dobratsch", which is the largest of its kind in the Eastern Alps and offers spectacular terrain rich in detail and with highly demanding rock formations, will be used for orienteering for the first time in the long distance event. Both other events also take place on newly mapped areas.

Organizers

Club	OL Team HSV Villach	http://orientierungslauf.hsv-villach.at
Team leader	Bernhard Lieber	bernhardlieber@tele2.at +43-660-7692834
Technical support	Martin Kickl	
Results	Eugen Kainrath	
Press	Mario Strauss	
Office	Christine Lieber	
Speaker	Wolfgang Pötsch & Peter Feeg	
Coach for teams	Markus Kössler	
National adviser	Jürgen & Stefan Hartinger	
Controller	Bruno Scherr	

Competition Center

Dorfhotel, Dorfstraße 26, A-9582 Oberaichwald/Latschach; www.dorfhotel.com

Accommodation

Teams will be accommodated in units which consist of 3 to 6 bedrooms.

All rooms are fully equipped. The wellness activities like indoor pool or sauna are included.

Internet access is available for free at the reception. Additional nights can be booked for a fee of € 45 per person.

Catering

Breakfast and evening meals will be provided at the central dining hall. Packed lunches for the day must be collected at breakfast by the Team Leaders.

We will do our best to cater for special requests such as vegetarian meals.

Let us know your diet preferences with the final entries of your team.

Program

Th.15.09. 10.00 – 14.00	Training	JEC Program
Th.15.09. 16.00	Sprint, Arnoldstein	JEC Program
Fr.16.09. 14.00	Relay, Ledenitzen	JEC Program
Sa.17.09. 14.00	Long distance, Arnoldstein	JEC und AC Program

The Austrian Relay Championships take place on Sunday, 18th September, in Arnoldstein. JEC-competitors are welcome to participate.



Schedule

We. 14.09.	10.00 - 18.00 18.00 - 21.00	Arrival, check in at the quarters, training Dinner at Dorfhotel
Th. 15.09.	7.30 - 9.00 10.00 - 14.00 16.00 19.00 - 20.00 20.00 - 20.30	Breakfast Arrival, check in at the quarters, training JEC-Sprint, Arnoldstein Center Price giving, dinner at Dorfhotel Team Leader Meeting
Fr. 16.09.	7.30 - 9.00 9.00 - 13.00 14.00 17.30 - 20.00 20.00 20.00 - 23.00	Breakfast Free time / training JEC-Relay, Ledenitzen Price giving, dinner at Dorfhotel Team Leader Meeting JEC-Party
Sa. 17.09.	7.30 - 9.00 9.00 - 13.00 14.00 17.30	Breakfast Free time / training JEC-Longdistance, Arnoldstein, Waldpark Price giving, JEC Teams depart Departure or preparation for relay for Sunday
So. 18.09.	6.00 - 8.00 10.00 13.30 - 14.30	Breakfast, Dorfhotel Austrian CC Relay, Arnoldstein, Waldpark Pricegiving, Departure

Categories:

The Junior European Cup is open to national teams of competitors not older than 20 years of age on 31 December 2011.

Sprint: W18, W20, M18, M20 (max. 6 competitors per nation in each class)

Relay: Women, Men (max. 4 teams per nation in each class)

Long: W18, W20, M18, M20 (max. 6 competitors per nation in each class)

National Team scoring:

There will be a National Team score based on the results of all three competitions:

Sprint & Long Distance: The two best results from each nation and class will be counted. If a nation fields only one or no runner in a class, then the non-existent starts will be counted by taking the maximum number of points (total number of starters in that class) +1.

Relay: The best ranking team for each nation in each class will be counted and its position will be multiplied by 6.

The National Team with the lowest score after the three competitions wins and is crowned as Junior European Cup Team Champion 2011.

Team Leaders / Meeting:

Each team is expected to nominate a team leader who shall be present at meetings and acts as main contact to the organizing staff. Team leader meetings will be held at an extra suite at Dorfhotel.

**Team tents:**

We will erect one or two army tents for all participants, but we recommend bringing your own tents. There will be space for putting up your tents.

Embargoed areas:

Arnoldstein, Turnberg and Ledenitzen.

Training:

Individual trainings are possible near the team hotel before or after JEC. Follow the signs. Ask for your planned training: bernhardlieber@tele2.at

Electronic Punching System:

Sportident will be used. SI-Cards can be hired by request.

Rules / Fairness:

We would like to keep all the races as fair as possible, according to the rules of the IOF. So please be head to the basic rules of our sport.

Clothing:

No special rules, we recommend long trousers for all three competitions. Spikes are forbidden. "Dobbs" are allowed.

Weather:

Temperate continental climate with maritime influence. September in Carinthia is known for its colorful flora and pleasant temperatures. However, rainfall is possible.

Ticks:

Ticks are quite common. We recommend every competitor to take precautionary measures with a tick vaccine. Please check your body after the race (or have someone else check it).

Type of Terrain:

Sprint: urban area with some open land and small parts of forest

Relay: typical continental European contours with conifer forest, dry ditches; some parts are green due to undergrowth of tall grass in the forest.

Long distance: rock fall area with a lot of details, distinctive type of terrain

Maps:

All maps are newly drawn, updated, and printed in "Prettex" quality. Waterproof, not tear proof.

Competition	Scale	Contour interval	Recorded
Sprint	1:5.000	5 m	August 2011
Long distance	1:10.000	5 m	August 2011
Relay	1:10.000	5 m	August 2011

Start Time and Intervals:

Sprint: 1 min. Start interval, start drawn

Longdistance: 2 min. Start interval start drawn.

Relay: All nations have to place runners in all three start groups (early, middle, late)

Relay: Mass Start

Insurance:

Participation for staff and athletes at JEC 2011 is at your own risk. Each team is responsible for their own valid insurance for travel, medical cover, etc.

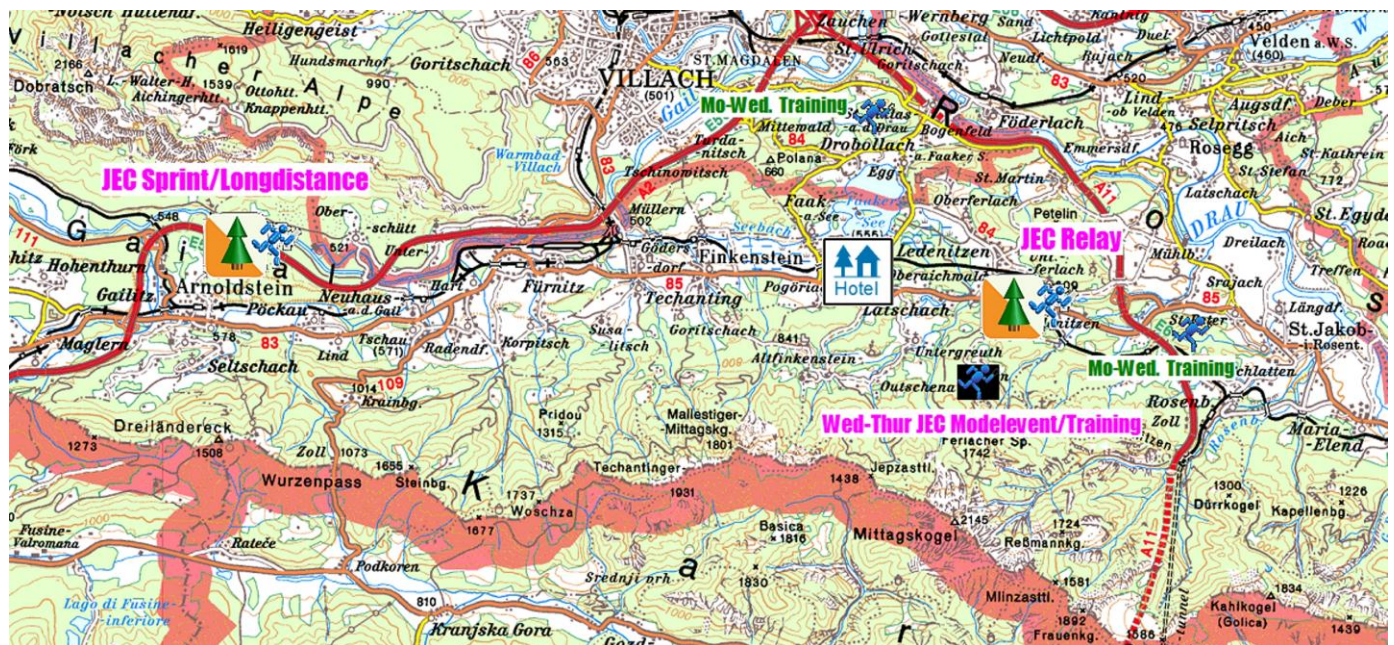
Protests:

Protests can be submitted as quickly as possible and in writing only to Bernhard Lieber who will form a jury and endeavor to resolve the issue without delay.

Presentation Ceremonies:

The ceremonies for Sprint and Relay will take place at the "Dorfhotel".
For the Long Distance the ceremony will take place at the competition center in Arnoldstein.
Teams are required to bring their own national flag for the ceremony and a copy of a short version of their national anthem on CD.

Follow the signs to the competition



Bulletin 3 with latest information will follow soon.

Orienting with friends - enjoy the nature and have a nice time!

Orienting Team HSV Villach
<http://orientierungslauf.hsv-villach.at>

