

# Welcome

## Alpe Adria Cup

### 21.-23. September 2012





BARANYA  
HUN



BAYERN  
GER



Hrvatska  
CRO



Friuli-Venezia-Giulia  
ITA



Ticino  
SUI



Győr Moson Sopron  
HUN



VAS  
HUN



Lombardia  
ITA



Trentino  
ITA



Slovenia  
SLO



Oberösterreich  
AUT



Somogy  
HUN



Steiermark  
AUT



Zala  
HUN



Veneto  
ITA



BURGENLAND  
AUT



Kärnten  
AUT

### **Sports Coordinator of Carinthia, Reinhard Tellian**

Carinthia is not only the country of lakes and mountains. Accordingly, we do not only boast a strong standing in alpine or aquatic sports. Bernhard Lieber and his team are to thank for yet another example of our wide range of sports activities. And the Alpe Adria Cup for orienteer's 2012 is certainly a highlight in our calendar of international sports events. My thanks go to HSV Villach and HSV Spittal for organizing an event that brings a lot of Alpe Adria teams to our region, where we hope you will find ample opportunity to enjoy yourselves, both during your races and your social activities. Friendly welcome and best wishes to all participants and team members

### **Vice-Mayor of Arnoldstein and Referent for Sport, Reinhard Antolitsch**

The community of Arnoldstein is situated right in the center of Europe, where three major cultures and languages meet. In this trans-national region, we are proud to host an international sports event and welcome the teams of the Alpe Adria Cup in orienteering 2012. We hope you will enjoy both our nature and our hospitality and would be most happy to welcome you back some time in the future.

### **President of the Austrian Orienteering Federation**

"Arnoldstein-Werda" – Austrian "Map of the Year" 2011 and certainly one of the best, most interesting and most challenging orienteering terrains in Austria. Paired with the organizing skills and technical experience of Bernhard Lieber and his team, and augmented by the beauty and hospitality of the region, participants to the Alpe Adria Cup and the Austrian National Long Distance and Relay Championships 2012 are in for a special treat this weekend. A warm welcome to all competitors on behalf of the Austrian Orienteering Federation – I wish you success in the competitions and a good time in Arnoldstein and the surrounding area. Special thanks go to all partners – the municipalities, land owners and huntsmen – for the good cooperation in enabling this occasion.

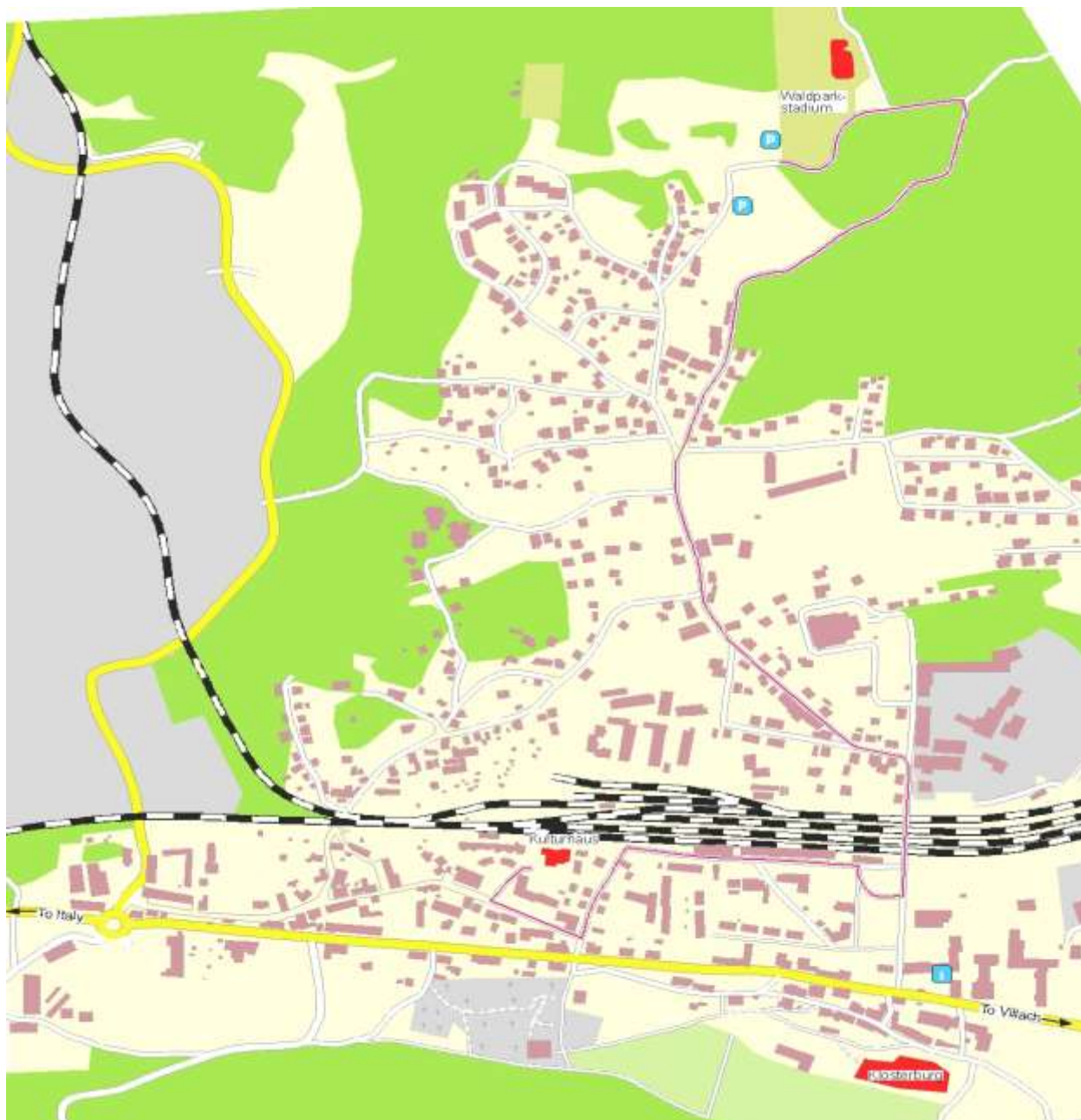
### **Organisation**

Thank you to all land owners, who have given us the permission to use the areas in Arnoldstein.  
Thank you to all those, who have financially supported this Alpe Adria Cup 2012.  
Special thanks to the staff of AAC 2012



### Arnoldstein:

The community of Arnoldstein is situated in the west of the district of Villach. The village is terminated of the mountain range of the Carnic Alps and the Karawanken in the south and in the north it is bounded by the Dobratsch. Arnoldstein is known for its natural finished living environment. The protected area of the Dobratsch completes the still existing tourism offer of the border triangle of Austria (Carinthia)/Slovenia/Italy. Arnoldstein's residents love their hometown for the lovely and liveable neighbourhood and the infrastructure.



## Thursday, 20. September: Training

Training is available on Wednesday, 20. 09. 2012 / 13:00 to 16:00 p.m. and Friday, 21. 09. 2012 09:00 to 12:00 for a fee of € 3,- per map. The area is similar to the competition-area.

## Friday, 21. September, 14.00 : Middle Distance, Waldpark Stadium.

**Early Start: Zero Time is 14.00**

Course planner: Jürgen Hartinger IOF Adviser: Stefan Hartinger

**Start:** 600 m marked route from car parking. Warming up is only allowed from car parking along the marked route in open land and roads around the football stadium.

**Details of the Terrain:** Rock fallen area with a lot of details, distinctive type of terrain, wet and dry

**Map:** Arnoldstein, scale: 1:7.500, contour interval: 5 m, updated Sept. 2012, Printed in Prettex-Quality, waterproof, not tear-proof. Control description is available at the Competition Center.

**PASTA Party after Pricegiving Ceremony at Waldparkstadium: € 2,- each serving**

WRE Middle Distance Course Data							
Class	Distance	Climb	Controls	Class	Distance	Climb	Controls
W14	2.300 m	55 m	9	M 14	2.300 m	55 m	9
W 18	2.500 m	135 m	11	M 18	3.500 m	150 m	14
W 21	2.800 m	160 m	14	M 21	3.800m	215 m	19
W 35	2.500 m	135 m	11	M 35	3.500 m	150 m	14
W 50	2.300 m	55 m	9	M 50	2.500 m	135 m	11
Open	1.300 m	40 m	10	Beginner	1.300 m	40 m	10

## Saturday, 22. September, 13.00, Long Distance, Waldpark Stadium.

**Early Start: Zero Time is 13.00**

Course planner: Jürgen Hartinger IOF Adviser: Eugen Kainrath

**Start:** 1.500 m marked route from car parking. Warming up area and a map extract is available on the way to the start.

**Terrain Details:** Rock fallen area with a lot of details, distinctive type of terrain, wet and dry.

**Map:** Arnoldstein, scale: 1:10.000, contour interval: 5 m, updated Sept. 2012. Printed in Prettex-Quality, waterproof, not tear-proof. Control description is available at the Competition Center.

WRE Long Distance Course Data							
Class	Distance	Climb	Controls	Class	Distance	Climb	Controls
W14	3.500	90 m	13	M 14	4.000 m	100 m	14
W 18	5.000 m	220 m	13	M 18	7.200 m	350 m	19
W 21	7.100 m	315 m	19	M 21	12.100 m	560 m	30
W 35	5.100 m	225 m	14	M 35	7.900 m	355 m	21
W 50	2.900 m	110 m	10	M 50	5.200 m	235 m	11
Open	5.900 m	150 m	16	Beginner	2.000 m	30 m	13



**Course planner:** Bernhard Lieber **Technical Adviser:** Stefan Hartinger

**Start/Finish:** Mass start. Maps are on the pole. First runners get the maps on the floor.

**Change/Hand over:** Incoming runners will not be called up. You will be able to watch them at the public control, 5-7 minutes before handover. There will be a demonstration half an hour before zero time.

**Terrain Details:** Rock fallen area with a lot of details, distinctive type of terrain, wet and dry.

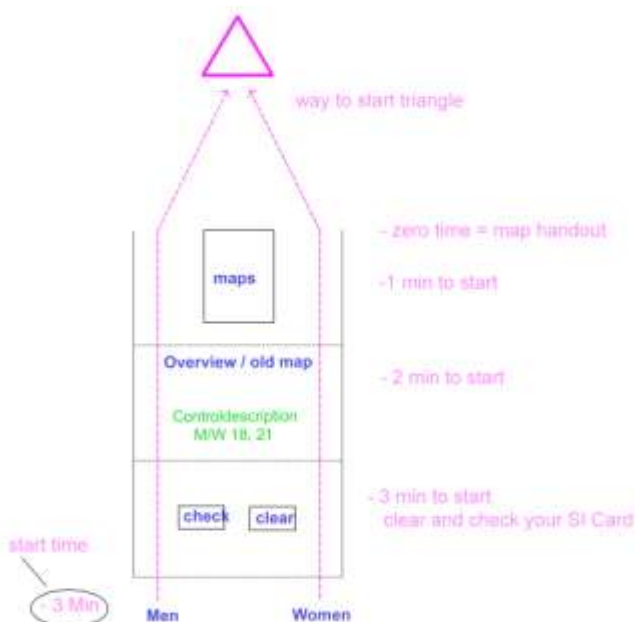
**Map:** Arnoldstein, scale: 1:7.500, contour interval: 5 m, updated Sept. 2012. Printed in Prettex-Quality, waterproof, not tear-proof. **Control description is printed on the map.**

Relay Course Data								
Class	Distance	Climb	Controls		Class	Distance	Climb	Controls
W 45	2.800 m	40 m	14		M 45	3.900 m	70 m	18
W 35	3.400 m	65 m	16		M 35	4.900 m	110 m	20
W21	3.900 m	90 m	19		M 21	5.300 m	130 m	24
W 18	3.400 m	65 m	16		M 18	4.900 m	110 m	20
W 14	2.700 m	30 m	12		M 14	2.700 m	30 m	12
Open	3.300 m	65 m	15					

**General Information**

**Start for Middle and Long distance:**

Call up will be at -3, to check and clear your Si-Card. At -2 you can see the map of 2011. At -1 you stand in front of your map-box. At Zero it will be the time start. It is the athletes' responsibility to pick up the correct map. Control description for M/W 21 and 18 is in the second section of the start box.



**Clothing Return:** There will be no official clothing transfer. All clothes, which are left at the start, must be returned by a team member.

**Water/ Refreshments:** We offer refreshments at the finish area in all three competitions. Water supply stations in the forest are only available in the long-distance race.

**Disclaimer:** Competitors take part at their own risk and are responsible for their own safety. You are on the way to the largest rock fallen area in the Alps. So be careful in stony areas. First aid is positioned at Waldparkstadion.

**Cultural and Active Offer:** Autumn active weeks in Region Arnoldstein Faaker See

**Monastery Ruins:** <http://www.burgruine.at/>

**Tourist Information Arnoldstein:**

<http://www.arnoldstein.gv.at/>

**Tourist Information Region:**

<http://www.region-villach.at/>



kelag



Orienteering with friends - enjoy the nature and have a nice time!

Orienteering Team HSV Villach/Spittal

<http://orientierungslauf.hsv-villach.at>

